



St. Clare College

AUTONOMOUS | BENGALURU

NAAC A+ Accredited | AICTE Approved | Affiliated to Bangalore University

NURTURING VALUES AND EXCELLENCE

WOMEN EMPOWERMENT CELL

organizes a session on

Basic Defensive Tactics for Personal Safety



Coach Navin Ravishankar

Founder of Bengaluru Mixed Martial Arts Team

Assistant Coach of Team India (Muay Thai) under the (WMF)

Date: 27-10-2025

Time: 2:00 PM - 3:00 PM

Venue: Mother Teresa Conference Hall

Target Audience: III BA, BBA, BCA & PG students

Faculty Coordinators

Dr. Sneha Singh and Ms. Jeya Sudha M.