



St. Clare's College

AUTONOMOUS | BENGALURU

NAAC A+ Accredited | AICTE Approved | Affiliated to Bangalore University

NURTURING VALUES AND EXCELLENCE

Youth Red Cross and Red Ribbon Organises

Workshop on First Aid and Real Life Decisions

Date:
16-10-2026

Time:
10:00 am to 12:00 pm

Venue: Seminar Hall,
Annex Block

RESOURCE PERSONS



Dr. Gokul Sekar
MBBS, MD (FMT)
Senior Resident



Dr. Lokesh Kumar
MBBS, MD (FMT)
Senior Resident



WHAT WILL BE DEMONSTRATED



1. Accident



2. Snake bite



3. CPR



4. Seizure



5. Poisoning



6. Heat Stroke



Faculty coordinators: Dr. Poornima D | Mr. Sangappa Poojari