



Students of the department pose for a group picture as the Aurora 23 concludes

Aurora Fest: Spooky Spectacle Lights Up Campus with Halloween Theme

The Department of Humanities hosted the Annual Fest Aurora, for all three years of the BA program with a mesmerizing Halloween-themed celebration. Led by class representatives, six teams came together to unveil their creativity and teamwork in a series of engaging events.

The fest commenced on November 28th with a flashmob performance, followed by a fashion walk featuring team leaders and student coordinators. Dignitaries, including the Principal, Vice-principal, Head of the Department, and faculty coordinators, presided over the unveiling of the fest's flag, underscoring the importance of the event within the departmental community. The festive ambiance was further elevated with a variety of food stalls, customized gift shops, and accessory booths, providing attendees with a delightful experience.

29th November inaugural ceremony was marked by an invocation dance and motivational song, setting the stage for a day filled with spirited competition. The talents across eleven events, included debate, treasure hunt, gaming, and poetry recitation. Total of 204 students participated, exemplifying the department's commitment to fostering academic excellence and extracurricular engagement.

The valedictory ceremony, held in the evening, was a fitting conclusion to two days of intense competition. Team Phantomz, led by student leader Mr. Abin and faculty coordinator Ms. Athira, emerged as the overall champions and Eerie Elite, led by student leader Ms. Ananya and faculty coordinator Ms. Noopura, secured the runners-up position.

Aurora Fest not only provided a platform for students to showcase their talents but also served as a catalyst for fostering unity and collaboration within the Department of Humanities.

Research Methodology Workshop for First-Year BA Students

The Department of Humanities conducted a one-day workshop aimed at introducing first-year BA students to essential research methodologies. Led by Mr. Jayanth H., the workshop delved into foundational research principles, emphasizing the significance of research aptitude and its application in academic endeavors. Through interactive discussions and practical exercises, participants were acquainted with various research types, article writing techniques, and strategies to maintain academic integrity, including plagiarism detection methods like Turnitin. Under the coordination of Ms. Angela Jean Mary E. and Ms. Suha C., the workshop provided a valuable

platform for students to develop critical research skills and enhance their understanding of scholarly inquiry.

Mr. Jayanth's clear explanations and illustrative examples enabled students to grasp complex concepts with ease,



Students participating research methodology workshop



Mr. Jayanth explaining research methodologies

fostering an environment conducive to active learning and engagement. Participants carried with them newfound knowledge and appreciation for the research process, equipped to embark on their academic journeys with confidence and competence.

Why Study Humanities?



In the fast-paced, technology-driven world of today, the importance of studies in Humanities cannot be overstated. While STEM fields focus on technical skills and scientific knowledge, humanities delve into . Over the years, the Humanities Department at St. Claret College has grown consistently both in quality and quantity.

Through this short message, let me share with you what I consider to be the leading outcomes of studying Humanities.

Critical thinking lies at the heart of humanities education. Through the study of arts and humanities, students are encouraged to analyze, interpret, and evaluate complex ideas and perspectives. This skill is invaluable in navigating the vast amount of information available in today's digital age, enabling individuals to discern truth from falsehood and make informed decisions. Furthermore, humanities education plays a crucial role in character formation. By engaging with diverse cultural narratives and ethical dilemmas, students develop a deeper understanding of themselves and others. They learn to appreciate the complexities of human behaviour and the moral implications of their actions, fostering empathy and compassion.

Experiential learning is another key benefit of studying humanities. Whether through fieldwork, internships, or service-learning projects, students have the opportunity to apply theoretical knowledge to real-world contexts, gaining practical skills and insights that are invaluable in today's job market. Moreover, humanities education nurtures emotional intelligence by encouraging self-reflection and introspection. Through the exploration of literature, art, and music, students develop a greater awareness of their own emotions and those of others, enhancing their ability to communicate effectively and build meaningful relationships.

More than any other discipline, humanities education stimulates creative thinking by challenging students to think outside the box and imagine new possibilities. By studying the works of great thinkers and artists, students are inspired to question conventional wisdom and explore alternative perspectives, fostering innovation and intellectual curiosity. By investing in humanities education, we not only enrich individual lives but also foster a more informed, empathetic, and culturally vibrant society. Humanities prepare students for exciting and rewarding careers in teaching, mental health, corporate world, leadership and management, human resource and community service etc. If helping to shape our society for the better is something you feel passionate about, studying the humanities is surely the right career plan for you.

Regards,
Ms. Angela Jean Mary
Head of the Department

Students Secure Best Paper Award at National Seminar organized by the Tribal Research Centre



Students of the department present and win best paper award at national seminar

Students of Sociology from III BA participated and presented research paper in a National Seminar organized by the Tribal Research Centre, Government of Tamil Nadu, in collaboration with the Ministry of Tribal Affairs, Government of India, held on the 14th and 15th of December 2023. Mayur and Jyothi, secured Best Paper Award at the National Seminar. The seminar served as a

platform for students to delve into the complexities of tribal research, offering invaluable insights into the rich tapestry of tribal communities in India. Through their participation, Mayur and Jyothi not only demonstrated their academic prowess but also demonstrated a deep-seated commitment to understanding and advocating for the welfare of marginalized communities.

Department of Humanities Elects New Leadership for Academic Year 2023-24

The Department of Humanities announced its newly elected leaders for the academic year 2023-24, with Brundha Reddy and Prem Kumar K appointed as Department Captains and Om Rajput assuming the role of Department Secretary. Brundha, Prem, and Om exemplify academic excellence, leadership qualities, and a commitment to the department's values.



Brundha M.



Prem Kumar



Om Rajput

Entrepreneurship Workshop Empowers First Year BA Students

On 30th August, the Department of Humanities hosted an engaging Entrepreneurship Workshop for first-year BA students. The workshop, spanning two insightful days, aimed to enlighten students about the nuances of entrepreneurship. Led by distinguished speakers including Dr. Arijit Roy and

Ms. Lidia Fernandez, students delved into discussions on the entrepreneurial mindset and real-world experiences, while also participating in a stimulating start-up plan competition. The event concluded with tokens of appreciation extended to the speakers and judges for their invaluable contributions.

CONGRATULATIONS



Congratulations to Krishnapriya K. M. of III BA on being elected as college captain for the academic year 2023-24

Problem-Solving Activity on Healthcare Challenges

The Humanities Club at St. Claret College organized a student-centric activity focused on problem-solving methodology, drawing participation from 49 enthusiastic third-year BA and B.Sc. students. Under the guidance of Ms. Suha C., Assistant Professor of Psychology from the Department of Humanities, students delved into prevalent healthcare challenges affecting diverse demographics, including children, pregnant women, adult working populations, adolescents, the elderly, and non-working populations. Through meticulous research and analysis, participants explored diseases such as Diabetes, Postpartum Depression, Tuberculosis, and Hypertension, considering sociodemographic factors that influence their prevalence and impact..

During the activity, students demonstrated their understanding of healthcare issues by presenting working models tailored to the specific nature of each disease. These models elucidated the causes, sociodemographic determinants, and personalized treatment approaches, underscoring the importance of holistic healthcare solutions.

BUETA Hosts One-Day National Seminar on Teacher and Researcher Roles

The Bangalore University English Teachers' Association (BUETA) convened a One-day National Seminar titled "Negotiating Different Roles: Teacher and Researcher" at St. Claret College's Mother Theresa Conference Hall. Esteemed dignitaries, educators, and scholars from prominent institutions including Bangalore University, Bangalore City University, and Bangalore North University graced the event. Mr. Sachin Mundakkal extended a warm welcome to the attendees, Ms. Nice conveyed heartfelt greetings in her welcome speech, emphasizing the seminar's theme's significance.

The keynote address by Prof. Lina Mukhopadhyay shed light on the intricate balance between the roles of a teacher and a researcher, offering invaluable insights into navigating these dual responsibilities. Prof. Nagarathna Parande, the esteemed Chief Guest, enriched the audience with her extensive experience and knowledge during her address.



Resource persons BUETA one-day national seminar

The session concluded with Prof. Archana expressing gratitude and delivering a heartfelt Vote of Thanks, acknowledging the invaluable contributions of the dignitaries and participants in making the seminar a resounding success. The valedictory session, chaired by Prof. Prakash M.C. and Prof. Sheshagiri, marked the culmination of a day filled with insightful deliberations.

The session honored retired teachers for their immense contributions to the field of education, underscoring their lasting impact on shaping future generations. In essence, the seminar provided a pivotal platform for fostering dialogue, exchanging ideas, and advancing the discourse on the roles of teachers and researchers in the contemporary educational landscape.

Students Empowered by Dynamic Competitive Exam Workshop

In a bid to boost the competitive exam readiness of second-year BA students, a comprehensive one-day workshop was organized. Attended by 40 participants, the workshop aimed to equip students with vital skills and strategies essential for excelling in competitive examinations. The event featured a lineup of specialized resource persons who provided valuable insights and practical techniques across various facets of exam preparation.

Ms. Preethi Jain, a renowned psychologist, inaugurated the workshop with a session on stress management techniques during exams. Her guidance on memory retention

exercises received accolades from attendees, offering effective strategies to alleviate exam-related stress. Following this, Ms. Noopura, an English faculty member, from the department of Humanities led a session focused on precise writing skills, assisting students in refining their writing abilities through solving relevant question papers.

The subsequent sessions, conducted by experts in mental ability and competitive exam training, introduced students to shortcut methods for solving complex problems and provided comprehensive insights into various competitive exams. The



Mr. Jyanth addressing the students during the workshop workshop concluded with an engaging quiz competition, fostering active participation and enthusiasm among students. Overall, the event received positive feedback, underscoring its value in enhancing students' competitive exam preparedness.

World Mental Health Day

Department of Humanities Marks World Mental Health Day with Launch of CARE Center



Students engaging in practical activities

On October 10, 2023, the Department of Psychology celebrated World Mental Health Day with a series of events aimed at raising awareness about mental health, particularly among students. The highlight of the day was the unveiling of the Claret Centre for Mental Wellbeing, known as CARE.

CARE, housed within the Psychology subdepartment of the Department of Humanities, is dedicated to making mental health resources more accessible to students and faculty members. It combines technology with mental health expertise to develop programs aimed at enhancing mindfulness and emotional regulation. Throughout the day, various engaging activities were conducted, including entertaining games enjoyed by both students and teachers. Psychometric assessments were also demonstrated to provide insights into mental health, offering participants valuable self-awareness tools.

One of the most notable aspects of the event was the involvement of psychology students, who conducted psychometric assessments on students

and faculty from other streams. Additionally, exclusive access to the psychology laboratory was granted to students, allowing them to gain insights into psychological research and practice.

The highlight of the day was the experiential learning sessions in various forms of therapy led by professionals. Students enthusiastically participated in art therapy, therapeutic dance, play therapy, music therapy, and group therapy, gaining valuable insights into different therapeutic modalities.

The day concluded with a movie screening of 'Dear Zindagi', which saw a large number of students coming together to enjoy the film. The event served as a reminder of the importance of mental health and the college's commitment to supporting the wellbeing of its students and faculty members.

Overall, the World Mental Health Day celebration at the Department of Humanities provided a platform for meaningful discussions, experiential learning, and community building around mental health awareness.

A Visit to Heritage Village: A Glimpse into Rural Karnataka's Past

Led by Ms. Preethi Jose and Mr. Saptarshee Mazumdar, a group of 30 students embarked on a journey to explore the captivating depiction of a bygone era of Karnataka in Heritage Village on January 18th, 2024. As they wandered through the village, they were transported back in time, encountering vibrant scenes of daily life, including tailor shops, grocery stores, barbershops, and indigenous farming practices.



Students of the department during a visit to Heritage Village

Nestled in Jakkur, the Heritage Village stands as a testament to the rich cultural heritage of rural Karnataka, offering a captivating portrayal of life from 100 to 200 years ago. Dr. TB Solabakkanavar, a revered senior artist, art teacher, and folklore scholar, is the visionary behind this immersive experience, conceptualizing and recreating Karnataka's rural milieu to preserve the essence of the past. The students departed with a newfound appreciation for the rich cultural heritage and timeless traditions preserved within the Heritage Village's lifelike exhibits.

Journalism Students Shine at Intercollegiate Photography Competition

Journalism students made a notable mark at the renowned intercollegiate photography competition and exhibition, Photophile 2023, hosted by Ramaiah College of Arts, Science, and Commerce. Held on the 15th and 16th of December 2023, the event served as a vibrant platform for budding photographers to showcase their talent, creativity, and passion for the art form. A total of 17 students participated in the program, demonstrating their exceptional skills and unique perspectives through captivating imagery. Among them, Steffin from the 2nd year BA secured 2nd in the photography competition.



Students of the department participate in Photophile 23

Inter Collegiate Fest Mount Carmel College- Manan 24

| Name of the winners | Event Name | Position |
|-----------------------------|-------------------------|----------|
| • Divya N., Harshini | Soudharda | I Place |
| • Rodoshi Ghosh | Graphics of the Goblets | I Place |
| • Varsha | And Then There is None | I place |
| • Om Rajput, Sadhana Patil | Democracy 4 | II Place |
| • Bhavana P., Sadhana Patil | Play Palazoo | II Place |
| • Darshan N. P., Sanjay | Soudharda | II Place |

CONGRATULATIONS!

A Field Visit to Sense Kaleidoscope: Inclusive Education for Children with Autism



Students of the department during a visit to Sense Kaleidoscope

A visit by a group of 30 students, accompanied by faculty members Ms. Angelin Roja, Ms. Suha C, and Mr. Saptarshee Mazumdar, on January 25th, 2024 offered a firsthand glimpse into the institution's innovative educational strategies. Situated in HRBR Layout, Sense Kaleidoscopes is at the forefront of fostering inclusivity and celebrating the talents of children on the autism spectrum.

Students gained insights into structured classroom management techniques and innovative

teaching methodologies during their visit, deepening their understanding of the challenges faced by individuals on the autism spectrum.

This visit also provided students with invaluable insights into intervention strategies tailored to support the diverse needs of children with autism. Sense Kaleidoscopes remains dedicated to championing the rights and potential of every child, exemplifying a commitment to fostering inclusivity and shaping a more equitable society.

Department of Humanities Hosts Vibrant "Dandiya Night" Celebration



Festive scenes at the annual Dandiya Night Celebration 2013

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Mother Teresa Conference Hall. These sessions, led by students, delved into the complexities of media ethics, societal impact, and the evolving landscape of journalism in the digital era.

The event comprised four engaging panels, each tackling pertinent issues at the intersection of media and society. It commenced with a deep dive into "Ethical Branding," where students showcased their analytical prowess by examining the ethical challenges brands face in today's hyperconnected world. Rigorous analysis and case studies shed light on the importance of transparency and integrity in corporate communications.

St. Claret College Commemorates National Education Day with Guest Lecture

The Department of Humanities at St. Claret College organized a guest lecture on National Education Day, commemorating the birth anniversary of Maulana Abul Kalam Azad, a prominent figure in India's education system.

Themed "Embracing Innovation," this year's lecture highlighted the transformative potential of technology in education. Coordinated by Ms. Ann Elizabeth and Ms. Simran Parveen, the event emphasized the collaboration between technology and education to promote creative and progressive teaching methods. By incubating innovative ideas, skills, and information, this symbiotic relationship between technology and education strives to shape the nation, provide opportunities, and drive development forward.



Students attending guest lecture

Ethical Implications of Animal Testing Debated in II BA Class

Ms. Preethi Jose, an instructor at II BA, conducted a compelling debate on January 10th, 2024, from 9:00 am to 10:00 am, exploring the contentious topic of "Is Animal Testing Ethical?" 19 students engaged fervently in the discussion, dissecting the multifaceted ethical challenges posed by advancements in medicine and pharmaceuticals. The debate provided a platform for students to articulate their perspectives on bias, accountability, and the rights of all living beings, fostering critical thinking and intellectual engagement.

Under Ms. Preethi Jose's guidance, the debate transcended mere discourse, becoming a forum for skill development in public speaking, research, and critical analysis. Through structured arguments and respectful dialogue, participants navigated complex ethical landscapes, emerging with enriched understanding and heightened awareness of the moral implications surrounding animal testing. The event underscored the significance of dialogue in shaping informed perspectives and nurturing empathetic citizens within the academic community.

Department of Journalism Hosts Insightful Panel Discussions



Students engage in panel discussions

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Continuing the dialogue, discussions shifted to the "OTT Censorship" realm, igniting lively debates on the regulatory dilemmas confronting Over-The-Top platforms. Participants demonstrated their ability to grapple with complex issues surrounding artistic freedom, cultural sensitivities, and regulatory frameworks, offering valuable insights into the evolving landscape of digital media governance. Through these panel discussions, the Department of Humanities (Journalism) reaffirmed its commitment to fostering ethical journalism and empowering future media professionals with the knowledge and critical thinking skills necessary to navigate the complexities of the modern media landscape.



Students engage in panel discussions

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