



St. Claret College

NAAC A+ Accredited | AICTE Approved | Affiliated to Bangalore University

NURTURING VALUES AND EXCELLENCE

LIFE SKILLS DEVELOPMENT PROGRAM

For II year Commerce &
Humanities PU Students

On

17th & 24th November 2023

11:30 AM - 1:00 PM

Date	Topic	Resource persons
17/11/2023	Road Ahead - Choices we make	Dr. Arijit Roy Ms. Sherin Jacob Mr. Arul Prabakaran
24/11/2023	Gratitude - Count your blessings	Ms. Angela Jean Mary Ms. Preethi Jose Mr. Sachin Mundakkal

Coordinated by:

CARE - Claret Centre for Mental Well-being