



# St. Clare College

Accredited A+ Grade by NAAC | Affiliated to Bangalore University

NURTURING VALUES AND EXCELLENCE

MES Ring Road, Jalahalli, Bengaluru - 560 013.

DEPARTMENT OF PSYCHOLOGY - UG & PG  
Presents

## National Conference on **Understanding Child & Adolescent Development**

26 July, 2023:  
Student Conference

27 July, 2023:  
Faculty & Professionals Conference

### Keynote Speakers



**Dr. John Vijay Sagar**

Professor & HoD,  
Child and Adolescent Psychiatry  
NIMHANS, Bengaluru.



**Dr. Kishore M.**

Professor & HoD, Psychiatry,  
JSS Medical College & Hospital  
JSS AHER, Mysore.



## St. Claret College

St. Claret College (SCC) was established in 2005 by the International Missionary Congregation of Claretians who manage two universities and over 150 educational institutions in 66 countries around the world. St. Claret College is managed by the Claretian Society for Integral Human Development established with the aim of providing holistic and quality higher education. Apart from St. Claret College, the Bengaluru campus shelters five other educational institutions: St. Claret School, Anthony Claret (AC) School, Claret Pre-University College, St. Claret Institute of Management and St. Claret Evening College. Moved by the spiritual genius of St. Anthony Mary Claret, its patron, and supported by the robust Christian intellectual tradition, SCC offers value-based education to transform students to be enlightened leaders and networkers who bring about a civilization of love and harmony. SCC is recognized by UGC, permanently affiliated to Bangalore University and is NAAC accredited with A+ grade.

## UG - Psychology

The UG Department of Psychology at SCC was established at the inception of the College in 2005-06 with the BA and B.Sc. programme. The objective of the Department is to enable the students to develop an inquisitive mind and understand the diversity of human experience and cultural factors that influence behaviour and mental processes for development of intra and interpersonal skills.

The Department strives to integrate the understanding of human experiences through experiential learning and help students to become critical thinkers and familiarize them with the concepts of Psychology and build in the ability to apply the same to education, profession and real-life scenarios.

## PG - Psychology

Post-graduate Department of Psychology at SCC offers a full-time M.Sc. Psychology programme which aims at inculcating in the students an understanding of the self and society at large.

Psychology, as a discipline, in recent times, is one of the fastest growing areas of study, interest, expertise and applicability. Considering the same, the M.Sc. Psychology programme at St. Claret College is designed to train the students in theoretical understanding of the subject and its practical and research aspects.

## Context of

# Claret Psychology Conference 2023

Claret Psychology Conference's main objective is to understand the complexities faced by children and adolescents as it is important to recognize the significant transformations and progressions they undergo as they grow and mature. Our goal is to encourage critical thinking, and gain a better understanding of the intricacies that children and adolescents face in the current times. The conference aims to deepen knowledge and advance understanding of child and adolescent development through various perspectives and research methodologies.

Students, scholars, researchers, educators, and practitioners from a variety of fields will be able to engage in stimulating discussions during this conference. Participants will get the chance to share their research findings and real-world experiences through the multidimensional context that encompasses various aspects of the child and adolescent's lives including physical, cognitive, social and emotional domains.

## Sub Themes

1. Recent trends in child and adolescent psychology
2. Mental health and well being in adolescents
3. Health and physical well being in adolescents
4. Trauma and loss
5. Laws pertaining to child and adolescent psychology
6. Emotions and adolescents
7. Social and cultural factors
8. Systemic factors
9. Influence of social media
10. Addiction and addictive behaviours
11. Education and academic achievement
12. Influence of personality traits
13. Psychopathology
14. Self-concept, Identity and self-worth
15. Psychometry in child and adolescent age group

# 26th July

## Panel Discussion

Topic : Impact of Family Dynamics on Child and Adolescent Development



School Psychologist

**Dr. Bindiya Shajith**

Director,  
All-Inclusive Foundation



Psychiatrist

**Dr. Vidya M.K.**

MBBS, DPM, DNB, Psychiatry, MRCPsych-UK  
Consultant Psychiatrist



Parent

**Ms. Sherin Winston Jacob**

Asst. Prof., MSW Dept.,  
St. Claret College



Student

**Ms. Drithi N. Halale**

College President,  
St. Claret PU College

# 27th July

## Session for Teachers

Topic : Transactional Analysis in Classrooms &  
Fostering Resilience in Students



**Dr. Yamini D.**, MBBS., MD in Psychiatry

Child & Adolescent Psychiatrist

### Chief Guest for Valedictory Function



**Dr. Srinivas**

Professor & Chairperson,  
Department of Psychology,  
Bangalore University

## Guidelines for Paper Submission

1. Each paper must cater to one specific sub-theme of the conference or anything closely connected to the theme / sub-theme.
2. The paper submitted can be either empirical or conceptual.
3. The abstract should be submitted in MS Word format and should be not more than 250 words. The document must mention the title of the paper, name of the first and second author along with their affiliations.
4. The full paper should be submitted in MS Word format and the word limit for the full paper is 3000 words including references.
5. Use Times New Roman 12-point font, 1.5 spacing and the paper must be in APA 7 format.
6. Submitted papers must NOT have been previously presented, scheduled for presentation, published, or accepted for publication by any other source (journal, publisher or any other organisation)
7. NO changes in the paper title, abstract, authorship, nor submitted document shall be permitted AFTER the submission deadline.
8. Time limit for paper presentation is 8+2 minutes.
9. As regards the acceptance of paper, the decision of the conference team will be final.

## Guidelines for Registration

### For Presenters

Step 1: Fill out the registration form

Step 2: Submit your abstract

Step 3: Submit Full Paper

Step 4: Pay the fee on the portal clicking on the link that will be sent to you by July 17, 2023.

### For Participants

Step 1: Fill out the registration form

Step 2: Pay the fee on the portal clicking on the link that will be sent to you by July 17, 2023.

### Important Date:

Abstract Submission :	07 July, 2023
Full Paper Submission :	14 July, 2023
Registration Deadline :	17 July, 2023
Fee Payment Deadline :	20 July, 2023

Late registration fees : Additional 500/-

\*Papers submitted after 17 July, 2023 will not be accepted.

\*On-Spot registration not permitted for paper presenters.

## Participants:

Registration : Last date - July 17, 2023  
Late & On spot reg. fees : Additional 500/-

## Who can Participate?

Students: Undergraduate, Post-Graduate, M.Phil  
Professional, Academicians and Research Scholars

## Fee details:

### Students:

Presenters	500/-
Participants	300/-
International Presenters	\$ 20

### Academicians and Research Scholars:

Presenters	1000/-
Participants	800/-
International Presenters	\$ 50

- \* An additional fee : of 3000/- will be charged for papers selected for publication in journals.
- \* Online presentation and participation opportunity only for students and faculty outside Karnataka.

## Awards:

One Best Paper under each category:

- UG
- PG (PG/Mphil)
- Professionals /Academician/Research Scholar

## Patrons:

Rev. Dr. Xavier E. Manavath, Manager, St. Claret Institutions

Rev. Fr. Joseph Mathew, Administrator, St. Claret Institutions

Rev. Dr. Thomas Thennadiyil, Principal, St. Claret College, Bengaluru

Rev. Fr. Joseph S., Vice-Principal, St. Claret College, Bengaluru

## Conference Convenor

Ms. Angela Jean Mary E. (HOD, Department of Humanities & Psychology)

## Organising Committee

Ms. Sruthy Nair (Co-ordinator PG-Psychology)

Ms. Lidia Fernandez (Asst. Professor PG-Psychology)

Ms. Suha C. (Asst. Professor UG-Psychology)

Ms. Angelin Roja (Asst. Professor UG-Psychology)

## Student Co-ordinator

Ms. Ancy P. Varghese - 7619517755

Ms. Krishnapriya - 7907608900

E-mail: psychology@claretcollege.edu.in

Conference Registration Link:

<https://forms.gle/2mxFsz8VSGvZAzo9>



[www.claretcollege.edu.in](http://www.claretcollege.edu.in)