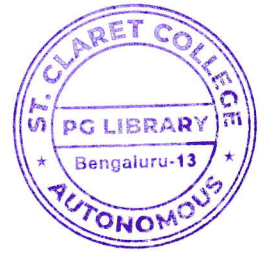


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St. Claret College
Autonomous, Bengaluru

Roll No:

Date:



PG END SEMESTER EXAMINATION-JUNE/JULY 2026

M.Sc. PSYCHOLOGY SEMESTER II

MPY 2224: COUNSELLING AND GUIDANCE

TIME: 3 hours.

MAX. MARKS: 70

This paper contains TWO printed pages and THREE parts

Instructions:

- 1. Verify and ensure that the question paper is completely printed.**
- 2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.**
- 3. Students must check the course title and course code before answering the questions.**

PART-A

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. Distinguish between counselling and guidance. Delineate the background and historical context of counselling. ✦
2. Identify the roles and responsibilities of a counsellor.
3. Compare psychoanalytical and behavioristic approaches in counselling. ✦
4. Explain acculturation in counselling settings. Delineate any three principles of Multiculturalism.
5. Outline the pre-counselling issues. ✦
6. Differentiate between geriatric counselling and grief counselling? ✦

PART-B

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. Elaborate on the relevance of counselling in India along with the types and scope of counselling. ✦
8. Define counselling skills, with examples apply any three of the following counselling skills: empathy, genogram, reflective skills, integrative skills and influencing skills.
9. Explain the humanistic approach in counselling, including its key concepts and goals.

PART-C

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks

[15X2=30]

10. Describe the application of any five of the eight micro-skills in counselling with suitable examples.
 11. Describe the stages of counselling given by Ivey and Ivey with a suitable case study.
 12. Define group counselling, delineate the characteristics, goals and types of groups in group counselling.
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