

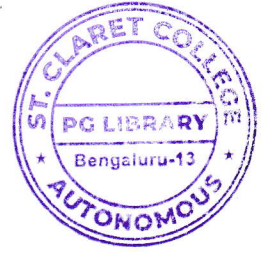
6

St. Claret College

Autonomous, Bengaluru

Roll No:

Date:



PG END SEMESTER EXAMINATION-JUNE/JULY 2026

M.Sc. PSYCHOLOGICAL COUNSELLING SEMESTER II

MPC 2325: THEORETICAL FOUNDATIONS OF GROUP COUNSELLING

TIME: 3 hours.

MAX. MARKS: 70

This paper contains TWO printed pages and THREE parts

Instructions:

1. Verify and ensure that the question paper is completely printed.
2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.
3. Students must check the course title and course code before answering the questions.

PART-A

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. Differentiate group guidance, group counselling and group therapy.
2. Discuss the need for training of competent group counsellors.
3. Examine the role of an effective group leader.
4. Write a note on Transition stage.
5. Write a note on the Advanced skills required by group leaders.
6. Examine the relevance of sensitivity training for organizations.

PART-B

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. Discuss the ethical and professional issues in group counselling.
8. Briefly explain the personal characteristics of a group leader. Write the need for professional competence and training for group leaders.
9. Explain Transactional Analysis and evaluate how it is different from Psychodrama.

PART-C

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks

[15X2=30]

10. Case Study:

During a therapy group, members frequently discuss events occurring outside the group. One member begins reacting strongly to the group leader, accusing the leader of being "controlling," similar to her father. The leader feels uncomfortable and avoids discussing the issue.

Question:

Discuss the role and functions of a group leader with particular emphasis on the following with relevance to the case:

- i. basic tasks (4 marks)
- ii. working in the here-and-now (3 marks)
- iii. transference (4 marks)
- iv. leader transparency (3 marks)

11. Explain briefly the different stages of Group Process.

12. Case study:

A counselling group for college students dealing with stress and adjustment issues has been meeting weekly for ten sessions. During the final session, some members express sadness about the group ending, while others talk about how much they have learned from one another. One member worries about handling future challenges without the support of the group, and another member feels that there are still unresolved issues that were not fully discussed.

Questions:

- (a) As the group leader, you are responsible for bringing the session and the group to an effective conclusion. Using the concepts of Closing a Session and Closing a Group as described by Corey and Ivey, explain how you would facilitate the termination process in this group. (8 marks)
- (b) Discuss the following using examples from the case:
 - i. Leader skills during termination (2 marks)
 - ii. Managing members' reactions to ending (2 marks)
 - iii. Follow-up and future planning (3 marks)
