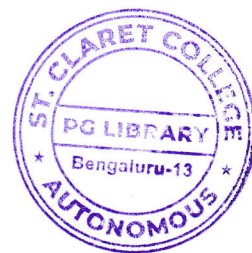


St. Claret College

Autonomous, Bengaluru



PG END SEMESTER EXAMINATION-JUNE/JULY 2026
MSW SECOND SEMESTER
MSW 2324: COUNSELLING – THEORY AND PRACTICE

TIME: 3 hours.

MAX. MARKS: 70

This paper contains ONE printed page and THREE parts

Instructions:

1. Verify and ensure that the question paper is completely printed.
2. Any discrepancies or questions about the exam paper must be reported to the COE within 1 hour after the examination.
3. Students must check the course title and course code before answering the questions.

PART-A

Answer FOUR questions out of SIX. Each answer carries FIVE marks.

[5x4 = 20]

1. Define counselling and differentiate it from guidance.
2. Identify the role of ethics and confidentiality in the counselling process.
3. Describe crisis intervention with a suitable example.
4. Elaborate the usefulness of solution-focused therapy in counselling.
5. State the significance of rapport building in the counselling process.
6. Illustrate self-disclosure as a psychotherapeutic technique with suitable examples.

PART-B

Answer any TWO questions out of THREE. Each answer carries TEN marks.

[10x2=20]

7. List and explain the key differences between task-centered and problem-solving approaches.
8. Explain the application of different counselling techniques in practice.
9. Analyze the relevance and need for marital and family counselling centre in contemporary society.

PART-C

Answer any TWO questions out of THREE. Each answer carries FIFTEEN marks

[15x2=30]

10. Critically examine the usefulness of any three counselling theories in different counselling settings.
11. Evaluate the relevance of each stage in the counselling process with respect to achieving therapeutic goals. Which stage do you consider most critical, and why?
12. Critically evaluate the application of various counselling skills in addressing psychological and academic concerns in school settings.